

National Obesity Forum
PO Box 6625
Nottingham
NG2 5PA

email: national_obesity.forum@ntlworld.com
www.nationalobesityforum.org.uk



Managing Obesity in Primary Care

An interactive learning tool in CD-ROM format for only £10

As levels of obesity and overweight continue to increase, primary care will witness an increase in the burden of care associated with managing conditions such as diabetes and coronary heart disease. The benefits of addressing weight management are clear but how confident is your practice about their ability to deal with this complex condition?

The NOF have long recognised the need to provide primary care with a tool to support practitioners in developing the necessary skills and knowledge to tackle obesity and are pleased to announce the availability of a newly developed CD-ROM.

This exciting package makes optimum use of graphic design and video clips to provide information in a format that is both stimulating and interesting. Each aspect of weight management is covered, with a choice to access both summaries and more in-depth information in the form of PDF files. A key feature of the package is the availability of a management algorithm, which is designed to provide structure for both brief interventions and more detailed consultations. Advice leaflets and other tools are also available to download.

This is a **'must have tool'** which will be invaluable for helping practitioners approach weight management in a structured cohesive manner.

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